



THE SPA

Your Moment of Calm

T H E S P A
F O O D & D R I N K M E N U



MAIN MENU

ALLERGY





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S P A L U N C H



HOT SMOKED SALMON SALAD

HOUSE HOT SMOKED SALMON, WATERCRESS, ROCKET WITH A GINGER CITRUS ORANGE DRESSING & SOURDOUGH CROUTON

TUNA NIÇOISE SALAD

CHAR GRILLED TUNA, GREEN BEANS, NEW POTATOES, SOFT BOILED QUAIL EGG, OLIVES & TOMATO

BUDDHA BOWL

TOASTED SESAME EDAMAME, ROASTED GOLDEN BEETROOT, SWEET POTATO, OLIVE OIL, RED QUINOA, AVOCADO & SPINACH LEAF

WATERMELON, FETA & BASIL SALAD

FRESH WATERMELON, CUCUMBER, ROCKET LEAF WITH CRUMBLED FETA CHEESE, BASIL, OLIVE OIL, BALSAMIC REDUCTION & TOASTED PINE KERNELS

STIR FRY VEGETABLE UDON NOODLES

PAK CHOI, MANGE TOUT, CHILLI, GINGER, BEAN SPROUTS, SHALLOT & UDON NOODLES STIR FRIED FINISHED WITH TERIYAKI SAUCE



W H Y N O T A D D

CHICKEN GYOZAS | £7.75

VEGETABLE GYOZAS | £7.75

BREAD & OIL | £4.50

GARLIC DOUGH BALLS | £4.50

MIXED OLIVES | £4.50



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AFTERNOON TEA MENU

*AN ADDITIONAL **£34.95** PER PERSON

*AVAILABLE WHEN BOOKED 48HRS IN ADVANCE



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S A V O U R I E S



SMOKED SALMON, CREAM CHEESE & CHIVE BROWN BREAD

ROAST BEEF, WATERCRESS & HORSERADISH WHITE BREAD

BARON BIGOD & ONION CHUTNEY WHITE BREAD SAUSAGE &
BLACK PUDDING ROLL

SMOKED HADDOCK & LEEK TART

DUKE WELLINGTON BLUE CHEESE QUICHE

S W E E T



HAND MADE SCONES | PLAIN & FRUIT | CLOTTED CREAM &
STRAWBERRY JAM

CHOCOLATE ECLAIR

LEMON & BERRY TART

VICTORIA SANDI WCH

MACARON

D R I N K S



SOFT DRINK | SELECTION OF HOT DRINKS
*ALCOHOLIC BEVERAGES ARE NOT INCLUDED

*AVAILABLE WHEN BOOKED 48HRS IN ADVANCE